



Quiet Time

April 12-18, 2026

Exodus 14:4 (ESV)

“And I will harden Pharaoh's heart, and he will pursue them, and I will get glory over Pharaoh and all his host, and the Egyptians shall know that I am the LORD.”

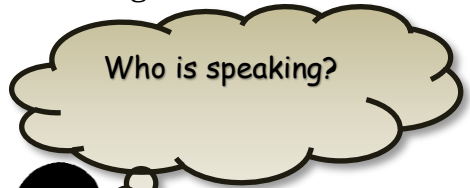
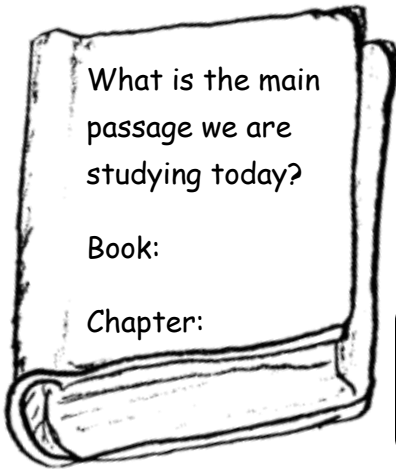
And they did so.

God
Parts the
Red Sea



Sermon notes

As you attend church service with your family, use these next two pages to help you listen and learn. We want you to worship with us by singing to God, praying, and listening to God's Word being read and taught.



Title of Sermon:

What is the Big Idea of the passage?



Which song from today's service is your favorite and why?



Words you heard but don't know...

What are we learning about God from this passage?

Write or draw something that you heard in the sermon today.

Fill in the blanks below during the service, and then talk to your parents about them on the way home.

I heard _____
but was confused or had a hard time believing it.

Hearing and believing this about God is... _____

_____ ...changes the way I...

God Parts the Red Sea - Monday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: Exodus 13:17; 14:1-4

The LORD God showed His mercy and judgment in the Passover. One last time, He would show His power and glory through the Egyptians.

Pray

Dear LORD God, You know what You are doing. All that I need to do is trust in You and do what You command.

God told Moses to "turn back." How strange this must have seemed!

Circle what Pharaoh thought:

- Moses does not know what he is doing.
- They are confused.
- They are wandering...the wilderness has shut them in.

Application

The LORD knew the hearts of His people perfectly. He knew that if He took them into the Promised Land by the most direct route, they would quickly face war, become terrified, and return to Egypt (Exodus 13:17). So instead of leading Israel into battle, He led them through the wilderness.

God knows your heart, too. He leads your life in ways that may be hard for you to understand but that are perfect. Name a hard thing you are going through right now & then ask God to help you to trust Him. _____

Complete your Prayer Journal for today, and pray about it.

God Parts the Red Sea – Tuesday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: Exodus 14:5-9

God knows the hearts of all people. Though we are all sinful, He mercifully elects to soften the hearts of some that we might repent and believe the Gospel. Yet, He does not soften the hearts of all. (Romans 9)

Pray

Dear LORD God, "if a man does not repent, God will whet His sword; He has bent and readied His bow" (Psalm 7:12).

No evil person can escape
Your holy judgment.

Application

The Egyptians knew of the LORD through Joseph. The LORD had saved them from the great famine! Then, they saw God's divine power in the 10 plagues. Yet, they refused to repent and believe in Him. Like Pharaoh, their hearts were hard. What have you seen & heard that causes you to fear & believe in the LORD?

The LORD hardened the already very hard heart of Pharaoh. The king's sadness about the plague of the firstborn turned to anger.

What did he decide to do?

- Go out and give the Israelites directions to help them on their way.
- He would just ignore them. It was good that they were gone.
- Come out after them with his army to bring them back as slaves.

Complete your Prayer Journal for today, and pray about it.

God Parts the Red Sea - Wednesday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: Exodus 14:10-12

The LORD had to teach Israel to trust in Him, so He put them in a place from which they could not escape.

Pray

Dear LORD God, "even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me."

When I am where You have put me, I need never fear.

Application

We can understand why Israel was filled with fear when they saw Pharaoh's army.

Yet, they had seen the power of the

LORD. How should they have responded?

How did the Israelites feel when they saw the Egyptians and realized they could not escape?

Circle every third letter to learn what Israel did.

C a b n a b i a b e a b d a b o a b u a b t a
b t a b o a b t a b h a b e a b L a b o a b r
a b d a b a a b n a b d a b t a b h a b e a b
n a b w a b i a b s a b h a b e a b d a b t a
b h a b e a b y a b h a b a a b d a b n a b o
a b t a b l a b e a b f a b t a b E a b g a b
y a b p a b t

c _ _ _ _ o _ _ t _ t _ _ L _ _ _

a _ _ t _ _ _ w _ _ _ _ t _ _ _

h _ _ n _ _ ! _ _ _ E _ _ _

What will you do when you are afraid? _____

Complete your Prayer Journal for today, and pray about it.

God Parts the Red Sea - Thursday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: Exodus 14:13-14

Moses did not act like the others. He trusted the LORD.

Pray

Dear LORD God, You have made promises to Your people and I can read about them every day in Your Word, the Bible. Help me to be still and trust that You are able to do all You have promised.

Application

Even though God's people are not perfectly faithful to Him, He is always faithful and keeps His promises.

Write one promise of God that you have learned this year.

How can remembering this promise in times when you are afraid help you? _____

Moses told the people not to fear.

What did Moses say the LORD would do for Israel? _____

What did Moses tell Israel they needed to do to be saved from Pharaoh's army? _____

Show Moses comforting the people (see verse 14).

Complete your Prayer Journal for today, and pray about it.

God Parts the Red Sea - Friday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: Exodus 14:15-18, 21

The LORD provides a way of escape!

Pray

Dear LORD God, my strength and my song, nothing is too hard for You! You showed Your power and split the sea in two so that Israel could escape on dry ground.

"Who is like you, O LORD, among the gods? Who is like You, majestic in holiness, awesome in glorious deeds, doing wonders?"

Application

God showed His people that they could trust in Him as they would go into the wilderness.

He also showed the Egyptians His glory—the glory of His power and justice. What did God want the Egyptians to learn about Him from this event (v 18)? _____

It is a fearful thing to fall into the hands of the living God!

How do you think the people felt about God after seeing Him split this big sea into two walls of water? What do you think about God after reading this story of His salvation? _____

What happened when Moses raised the staff into the air? Draw it...

What did God say He would do to make sure Egypt came in after them? (v. 17) _____

Complete your Prayer Journal for today, and pray about it.

God Parts the Red Sea – Saturday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: Exodus 14:19-31

The LORD stood between the Egyptians and the Israelites all night in the pillar of fire/cloud. When the sun arose, the pillar moved and Egypt foolishly chased Israel. God threw them into a panic and then caused the wheels of their chariots to get stuck. They finally understood that the LORD was fighting for Israel, and they were afraid, but it was too late!

Pray

Dear LORD God, You have led in Your steadfast love the people whom You have redeemed. I praise You for Your love!

What happened to the Egyptians when Moses stretched out his hand over the sea? (v. 27)

5+8=___ 5+4=___ 5+3=___ 5+11=___

5+1=___ 5+5=___ 5+5=___

5+2=___ 5+9=___ 5+7=___ 5+10=___ 4+7=___ 5+3=___ 5+2=___

6=A 7=D 8=E 9=H 10=L 11=N
12=O 13=T 14=R 15=W 16=Y

Application

We learned:

- *God's people will submit to the awesome power of God, because He loves us.*
- *God's people will praise God for His mighty deeds.*
- *God's people will trust in God's faithful love.*

Complete your Prayer Journal for today, and pray about it.

Prayer Journal

Honor God with your praises and respect

Examine your life for sin and confess it to God

Ask God to supply for your personal needs

Request God's help for the needs of others

Thank God for blessing you every day

Monday

H _____

E _____

A _____

R _____

T _____

Tuesday

H _____

E _____

A _____

R _____

T _____

Prayer Journal *...continued*

Wednesday

H _____

E _____

A _____

R _____

T _____

Thursday

H _____

E _____

A _____

R _____

T _____

Prayer Journal *...continued*

Friday

H _____

E _____

A _____

R _____

T _____

Saturday

H _____

E _____

A _____

R _____

T _____

Gray Road Baptist Church, Children's Ministries

This quiet time lesson was written to coincide with the Generations of Grace Sunday School curriculum. The daily lessons represented are in conjunction with the teacher's manual to provide a fluid, consistent message to your children both in Sunday school and in their private devotions.

MacArthur, John. *The MacArthur Study Bible: & Early Elementary, Generations of Grace.* ©

www.generationsofgrace.com

THE PRAISE FACTORY

Come join us on Wednesday nights in the gym!

7:00-8:30 p.m.

UNIT #8: The God Who Loves

Unit #8: What is God's love for His people like?

Unit #8 Answer: More than they could ever deserve.

Unit #8 Verse: 1 Chronicles 16:34

Big Idea #35: God blesses all people with many good gifts.

Big Idea #35 Verse: Psalm 145:17

Big Idea #36: God loved His people before they loved Him.

Big Idea #36 Verse: Ephesians 1:4

Big Idea #37: God showed the depths of His love by giving His own, beloved Son to save His people.

Big Idea #37 Verse: 1 John 4:10

Big Idea #38: God loves His people by caring for their needs.

Big Idea #38 Verse: Psalm 23:1-2

Big Idea #39: God uses everything in His people's lives for their good and His glory.

Big Idea #39 Verse: Romans 8:28

Big Idea #40: God will never stop loving His people.

Big Idea #40 Verse: Romans 8:38-39

UNIT #11: The God Who Saves

Unit #11: How can we be saved?

Unit #11 Answer: It is God's free gift.

Unit #11 Verse: Ephesians 2:8-9

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

Big Idea #57: God saves sinners who confess their sins.

Big Idea #57 Verse: 1 John 1:8-9

Big Idea #58: Jesus is the only way to be saved.

Big Idea #58 Verse: John 14:5-6

Big Idea #59: We must trust Jesus as our Savior.

Big Idea #59 Verse: Romans 10:9-10

If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved.