



Quiet Time

April 5-11, 2026

Matthew 28:6 (ESV)

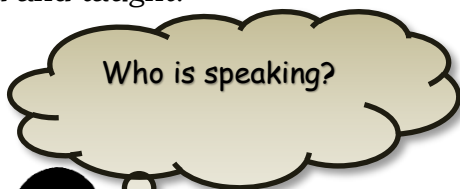
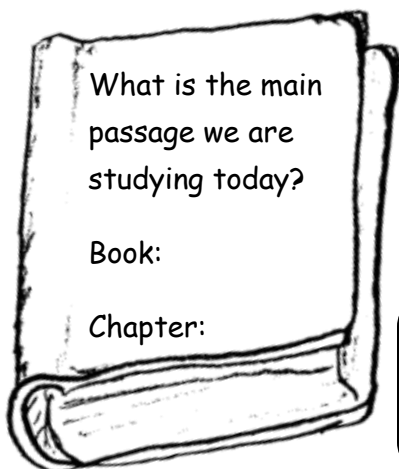
He is not here, for he has risen, as he said.
Come, see the place where he lay.

Jesus
Rises from
the Dead



Sermon notes

As you attend church service with your family, use these next two pages to help you listen and learn. We want you to worship with us by singing to God, praying, and listening to God's Word being read and taught.



Title of Sermon:

What is the Big Idea of the passage?



Which song from today's service is your favorite and why?



Words you heard but don't know...

What are we learning about God from this passage?

Write or draw something that you heard in the sermon today.

Fill in the blanks below during the service, and then talk to your parents about them on the way home.

I heard _____
but was confused or had a hard time believing it.

Hearing and believing this about God is... _____

_____ ...changes the way I...

Jesus Rises from the Dead - Monday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: *Matthew 28:1-4*

All month long, the writer Matthew has been showing us that Jesus is the promised King—the Christ. In this week's lesson in Matthew, you saw that the risen Christ is worshiped and obeyed by His disciples but rejected by those who refuse to believe in His name.

Pray

Dear LORD God, when You show Your great power we see how awesome You are. We are so weak and small, but You love us. May Your mighty works cause us to worship and obey You.

When two women, followers of the LORD Jesus, came to the tomb with more burial spices, they saw an amazing sight! *Draw what they saw.*

Application

The LORD sent an angel who rolled the stone away, causing the earth to quake (shake). The soldiers guarding the tomb were afraid! What does Matthew tell us happened to the soldiers?

How do you think the women felt when they came to the tomb and saw all of this? _____

Complete your Prayer Journal for today, and pray about it.

Jesus Rises from the Dead - Tuesday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: Matthew 28:5-10

God's holy angel speaks to the women. He has an important message and command for them.

Pray

Dear LORD God, You are worthy of all my worship! Because Jesus died for me and rose from the dead to be my Savior, I want to worship Him like the women at the tomb. I praise You, Jesus, my LORD and my God!

Application

Jesus appeared to the women. What joy must have filled their hearts as they saw the risen Savior!

What did the women do you when they saw Christ? _____

God seeks for the people He has made to worship Him. When the women fell at the feet of Jesus and worshipped Him, they did what was right.

What did the angel tell the women about Jesus? (v. 6)

" _____

_____"

The angel reminds them Jesus told them He would be crucified and that on the 3rd day, He would rise again.

What did the angel tell the women to go and do? (v. 7)

Whom did they "meet" on the way to see the 11 disciples?

Complete your Prayer Journal for today, and pray about it.

Jesus Rises from the Dead - Wednesday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: Matthew 28:11-15

Those whom God calls, believe in the Son and worship Him. Yet, not everyone we read about this week will trust in Christ when He rises from the dead. Today, we read about some people who refused to believe.

Pray

Dear LORD God, Jesus DID rise from the dead. No lie could stop the truth about Jesus from spreading to the whole world during the days of Matthew, and no lie will stop Your Word from spreading today. Give me a heart that believes and that tells the truth about Jesus to others.

The guards awoke and knew they were in trouble. The tomb was empty! What group of people met to try and decide what to do? (v. 11-12)

The C_____ P_____ and the
E_____ of Israel.

What lie did they make up to try and keep the people from believing that Jesus had risen from the dead? (v. 13) _____

Application

Anyone who says, "Jesus did not rise from the dead," is not telling the truth. The women SAW Jesus and worshipped Him. Others would see Him, too, and Jesus would give many proofs to His followers. Jesus is risen, and it is our job to tell others. To whom can you tell this wonderful, true story about Jesus this week? _____

Complete your Prayer Journal for today, and pray about it.

Jesus Rises from the Dead - Thursday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: *Matthew 28:16-17*

Matthew does not tell us about all the times Jesus was seen by His followers, but the other Gospels do, and you can read those. In his gospel, Matthew tells us about Jesus with His disciples at a mountain in Galilee.

What did the disciples of Jesus do when He came to them in Galilee, as He had promised?

They _____ Him and _____ Him!

Pray

Dear LORD God, like the Eleven, I worship and praise You for giving us Your Son, Jesus who is Christ. He conquered the grave and is mighty to save!

Application

The disciples were amazed! Jesus was alive! They now knew that all Jesus had said was true. He was the Son of God. He would save them. Yet, *verse 17* tells us that some "doubted." They could see Jesus was alive, but having faith was still hard.

God knows you will sometimes struggle in your faith. When you have doubts, come back to this story and remember—Jesus IS alive. Your Savior is real and someday soon, He is coming for you!

Complete your Prayer Journal for today, and pray about it.

Jesus Rises from the Dead - Friday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: *Matthew 28:18*

Before returning to Heaven, Jesus has important things to tell His disciples. Today we will consider one important thing He told them.

Pray

Dear LORD God, You have placed Your Son Jesus above every name in heaven and earth and all will answer to Him. Teach me to submit to Jesus' authority even as I trust in Him as my Savior. He is Lord as well as Christ!

Application

Some people think they can believe that Jesus died for sins and rose from the dead without having to submit to His authority and obey His commands. After reading today's verse, what can you say to them to correct this false idea? _____

Jesus said that all authority in heaven and on earth had been given to Him by the Father. When you think of someone having "authority," what comes to mind?

Name some people God has placed in authority over you:

ALL authority belongs to Jesus, the King of all kings and Lord of all lords.

Complete your Prayer Journal for today, and pray about it.

Jesus Rises from the Dead - Saturday

- Say the memory verse to mom, dad, or older sibling.

Pray: Dear Father, help me to understand what I read in Your Word.

Read: Matthew 28:19-20

Jesus was going to leave His disciples and send the Holy Spirit to fill them and help them to carry out His mission until He returns to judge and rule the earth. He gave them important instructions which we will consider today as we read the last two verses of Matthew's gospel.

Pray

Dear LORD God, I have a job to do and that is to tell others what Jesus has done. Give me someone to tell this week and give me boldness to tell them what it means to follow You.

Application

We learned:

- *We can sing praises to Christ, our Lord and Savior.*
- *We will obey Jesus as Savior and Lord.*
- *We will tell others about Jesus and call them to repent and believe the Gospel.*

List the commands Jesus gave the disciples below:

1. Go therefore and _____
_____ of all nations.
2. _____ them in the name of the Father and of the Son and of the Holy Spirit,
3. _____ them to observe (obey) all that I have commanded you.

What did Jesus promise?

Complete your Prayer Journal for today, and pray about it.

Prayer Journal

Honor God with your praises and respect
Examine your life for sin and confess it to God
Ask God to supply for your personal needs
Request God's help for the needs of others
Thank God for blessing you every day

Monday

H _____

E _____

A _____

R _____

T _____

Tuesday

H _____

E _____

A _____

R _____

T _____

Prayer Journal *...continued*

Wednesday

H _____

E _____

A _____

R _____

T _____

Thursday

H _____

E _____

A _____

R _____

T _____

Prayer Journal *...continued*

Friday

H _____

E _____

A _____

R _____

T _____

Saturday

H _____

E _____

A _____

R _____

T _____

Gray Road Baptist Church, Children's Ministries

This quiet time lesson was written to coincide with the Generations of Grace Sunday School curriculum. The daily lessons represented are in conjunction with the teacher's manual to provide a fluid, consistent message to your children both in Sunday school and in their private devotions. MacArthur, John. *The MacArthur Study Bible: & Early Elementary, Generations of Grace.* © www.generationsofgrace.com

THE PRAISE FACTORY

**Come join us on Wednesday nights in the gym!
7:00-8:30 p.m.**

UNIT #8: The God Who Loves

Unit #8: What is God's love for His people like?

Unit #8 Answer: More than they could ever deserve.

Unit #8 Verse: *1 Chronicles 16:34*

Big Idea #35: God blesses all people with many good gifts.

Big Idea #35 Verse: *Psalm 145:17*

Big Idea #36: God loved His people before they loved Him.

Big Idea #36 Verse: *Ephesians 1:4*

Big Idea #37: God showed the depths of His love by giving His own, beloved Son to save His people.

Big Idea #37 Verse: *1 John 4:10*

Big Idea #38: God loves His people by caring for their needs.

Big Idea #38 Verse: *Psalm 23:1-2*

Big Idea #39: God uses everything in His people's lives for their good and His glory.

Big Idea #39 Verse: *Romans 8:28*

Big Idea #40: God will never stop loving His people.

Big Idea #40 Verse: *Romans 8:38-39*

UNIT #11: The God Who Saves

Unit #11: How can we be saved?

Unit #11 Answer: It is God's free gift.

Unit #11 Verse: *Ephesians 2:8-9*

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

Big Idea #57: God saves sinners who confess their sins.

Big Idea #57 Verse: *1 John 1:8-9*

Big Idea #58: Jesus is the only way to be saved.

Big Idea #58 Verse: *John 14:5-6*

Big Idea #59: We must trust Jesus as our Savior.

Big Idea #59 Verse: *Romans 10:9-10*

If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved.