

# Quiet Time

April 26-May 2, 2026

Exodus 19:5 (ESV)

Now therefore, if you will indeed obey my voice  
and keep my covenant,  
you shall be my treasured possession  
among all peoples, for all the earth is mine.

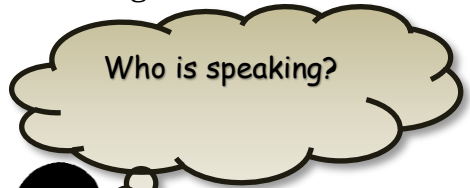
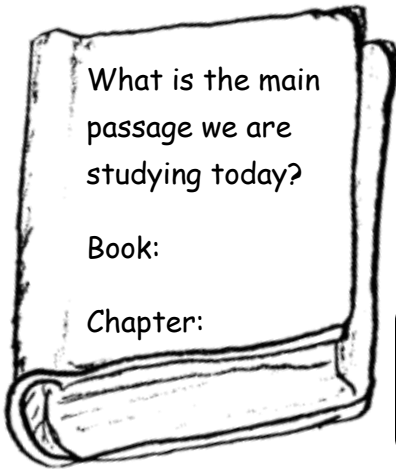
God Prepares  
Israel for the  
Covenant





## Sermon notes

As you attend church service with your family, use these next two pages to help you listen and learn. We want you to worship with us by singing to God, praying, and listening to God's Word being read and taught.



**Title of Sermon:**

What is the Big Idea of the passage?



Which song from today's service is your favorite and why?





Words you heard but don't know...

What are we learning about God from this passage?

Write or draw something that you heard in the sermon today.

Fill in the blanks below during the service, and then talk to your parents about them on the way home.

I heard \_\_\_\_\_  
but was confused or had a hard time believing it.

Hearing and believing this about God is... \_\_\_\_\_

\_\_\_\_\_ ...changes the way I...

\_\_\_\_\_



## God Prepares Israel for the Covenant – Monday

- Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** Exodus 19:3-6

For three months, God patiently led His people and taught them to trust in Him. Now, He would get them ready to enter a covenant relationship with Him.

### Pray

Dear LORD God, I need You, too.  
Teach me to learn to depend on  
You for everything.

### Application

Read through the words of the  
hymn, *I Need Thee*, and ask an  
older person to sing it to you:

*I need Thee every hour, most  
gracious Lord; no tender voice like  
Thine can peace afford.*

*Chorus: I need Thee, O, I need  
Thee; every hour I need Thee; O  
bless me now, my Savior, I come to  
Thee.*

*I need Thee every hour; stay Thou  
nearby; temptations lose their  
power when Thou art nigh.*

*I need Thee every hour, in joy or  
pain; come quickly and abide, or life is vain.*

At Mount Sinai, God met with  
Moses and gave Him a message  
for the people. Of what two  
things did God remind the  
people of Israel in verse 4?

1. "You have seen \_\_\_\_\_  
\_\_\_\_\_."

2. "And how I \_\_\_\_\_  
\_\_\_\_\_."

This means the LORD God was  
like a mother eagle, teaching  
her eaglets to fly. He was  
caring for them and  
strengthening them to become  
His people. He was showing  
them they needed Him!

**Complete your Prayer Journal for today, and pray about it.**

## God Prepares Israel for the Covenant - Tuesday

- Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** Exodus 19:4-5

God tells Moses that He has brought the people to Himself.

### Pray

Dear LORD God, Your love and grace are amazing! How I praise You for calling sinners to repent to make them Your very own.

According to verse 5, what did God tell Moses? Circle the right answer.

1. Israel is a godly nation full of people that want to follow God, so they came out to find Him.
2. God rescued Israel, a nation like all the others, from slavery out of His grace to make them His people.

### Application

God still draws sinful people to Himself. He is calling people out of the world to be His people and adopting them as sons and daughters.

The Bible says, "None seeks after God" because each of us is born a sinner. Left to our own, none of us will ever choose to follow God. By grace alone, God calls people to repent and believe the Gospel. This makes praying for those who do not believe the Gospel very important. For whom do you need to pray for God to call? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Complete your Prayer Journal for today, and pray about it.**

# God Prepares Israel for the Covenant - Wednesday

➤ Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** Exodus 19:5

The LORD begins to lay out the conditions of the covenant.

## Pray

Dear LORD God, I praise You for the covenant You gave through Your Son, Jesus. Through Him, I can have eternal life and the forgiveness of sins. Teach me how to glorify You and be a witness of Him to others.

## Application

God called Israel in a special way. He made the first man, Adam, so all

people already belong to Him and must answer to Him. Yet, He called out a people to follow Him. Israel would glorify Him as God and be a witness to the nations who worshiped idols.

Today, God calls people out to be the Church—a called out gathering of believers. We have a new covenant because Jesus Christ died for us and rose from the dead.

Like Israel, God still wants His people to be a witness for Him. How can you glorify God this week? \_\_\_\_\_

What two things must Israel do?

1. \_\_\_\_\_ my voice.

2. \_\_\_\_\_ my covenant.

What did God promise He would do? You shall be my...

\_\_\_\_\_

\_\_\_\_\_

Of what does God remind them?

"The whole \_\_\_\_\_ is

\_\_\_\_\_."

**Complete your Prayer Journal for today, and pray about it.**

## God Prepares Israel for the Covenant - Thursday

- Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** *Exodus 19:6*

Even though one tribe, the Levites, would serve as priests, God tells Moses to tell all the Israelites that they would be very special to Him and serve Him in an important way.

### Pray

Dear LORD God, as one of your people you have called me to declare Your praises. Before believing on Christ, I was in darkness; but now, I am saved and a part of the Kingdom of Light. Praise be to You, O LORD, for Your mercy!

What did God tell Moses all the Israelites would be to Him?

1. Leaders of other nations
2. Levites
3. A kingdom of priests

### Application

In the New Testament, Peter explains that what Israel failed to be, Christians will be. Read *1 Peter 2:9, 10*. How are these verses similar to *Exodus 19:6*? \_\_\_\_\_

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In what important way are these verses in *1 Peter* different from *Exodus 19:6*? \_\_\_\_\_

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**Complete your Prayer Journal for today, and pray about it.**

## God Prepares Israel for the Covenant – Friday

- Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** Exodus 19:7-8

Moses obeyed the LORD and told Israel what God had said.

### Pray

Dear LORD God, all who believe on Your Son will obey His commandments, for they are not a burden. He died for us, so we will live our lives for Him.

### Application

Israel was not a perfect people, but they said they would obey God and keep His covenant. God wanted to do a great work through them.

He wants to do a great work through people today, too. Christians have entered into a new and better covenant through Jesus Christ.

Is obeying Jesus important, and if so, why?

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How did the people respond?

*Draw the people giving Moses their message for God!*

**Complete your Prayer Journal for today, and pray about it.**

## God Prepares Israel for the Covenant – Saturday

- Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** Exodus 19:9-20

God tells Moses to prepare the people. He is coming down to them.

### Pray

Dear LORD God, awesome in power and very mighty, I worship You for You are God and there is no other god but You. Thank You for Jesus. Through Him, I can come to You any time, all the time.

What did the people hear & see?  
*List, or draw, these things.*

We have come to Jesus, our mediator and Savior.

### Application

We learned:

- *To fear and respect God because He is holy.*
- *Obey God's Word with all your heart.*
- *Thank God for making people His treasure.*
- *Pursue a relationship with the Father through Jesus Christ.*

**Complete your Prayer Journal for today, and pray about it.**

# Prayer Journal

**H**onor God with your praises and respect

**E**xamine your life for sin and confess it to God

**A**sk God to supply for your personal needs

**R**equest God's help for the needs of others

**T**hank God for blessing you every day

## Monday

**H** \_\_\_\_\_

**E** \_\_\_\_\_

**A** \_\_\_\_\_

**R** \_\_\_\_\_

**T** \_\_\_\_\_

## Tuesday

**H** \_\_\_\_\_

**E** \_\_\_\_\_

**A** \_\_\_\_\_

**R** \_\_\_\_\_

**T** \_\_\_\_\_

# Prayer Journal *...continued*

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## Wednesday

H \_\_\_\_\_

E \_\_\_\_\_

A \_\_\_\_\_

R \_\_\_\_\_

T \_\_\_\_\_

## Thursday

H \_\_\_\_\_

E \_\_\_\_\_

A \_\_\_\_\_

R \_\_\_\_\_

T \_\_\_\_\_

# Prayer Journal *...continued*

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## Friday

H \_\_\_\_\_

E \_\_\_\_\_

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R \_\_\_\_\_

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## Saturday

H \_\_\_\_\_

E \_\_\_\_\_

A \_\_\_\_\_

R \_\_\_\_\_

T \_\_\_\_\_

## Gray Road Baptist Church, Children's Ministries

This quiet time lesson was written to coincide with the Generations of Grace Sunday School curriculum. The daily lessons represented are in conjunction with the teacher's manual to provide a fluid, consistent message to your children both in Sunday school and in their private devotions. MacArthur, John. *The MacArthur Study Bible; & Early Elementary, Generations of Grace.* ©

[www.generationsofgrace.com](http://www.generationsofgrace.com)

# THE PRAISE FACTORY

**Come join us on Wednesday nights in the gym!**

**7:00-8:30 p.m.**

**UNIT #8: The God Who Loves**

**Unit #8: What is God's love for His people like?**

**Unit #8 Answer: More than they could ever deserve.**

**Unit #8 Verse: 1 Chronicles 16:34**

**Big Idea #35: God blesses all people with many good gifts.**

**Big Idea #35 Verse: Psalm 145:17**

**Big Idea #36: God loved His people before they loved Him.**

**Big Idea #36 Verse: Ephesians 1:4**

**Big Idea #37: God showed the depths of His love by giving His own, beloved Son to save His people.**

**Big Idea #37 Verse: 1 John 4:10**

**Big Idea #38: God loves His people by caring for their needs.**

**Big Idea #38 Verse: Psalm 23:1-2**

**Big Idea #39: God uses everything in His people's lives for their good and His glory.**

**Big Idea #39 Verse: Romans 8:28**

**Big Idea #40: God will never stop loving His people.**

**Big Idea #40 Verse: Romans 8:38-39**

**UNIT #11: The God Who Saves**

**Unit #11: How can we be saved?**

**Unit #11 Answer: It is God's free gift.**

**Unit #11 Verse: Ephesians 2:8-9**

*For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.*

**Big Idea #57: God saves sinners who confess their sins.**

**Big Idea #57 Verse: 1 John 1:8-9**

**Big Idea #58: Jesus is the only way to be saved.**

**Big Idea #58 Verse: John 14:5-6**

**Big Idea #59: We must trust Jesus as our Savior.**

**Big Idea #59 Verse: Romans 10:9-10**

**Big Idea #60: The Holy Spirit changes our hearts so we can be saved.**

**Big Idea #60 Verse: Titus 3:5-7**

*God saved us, not because of works done by us in righteousness, but according to his own mercy, by the washing of regeneration and renewal of the Holy Spirit, whom he poured out on us richly through Jesus Christ our Savior, so that being justified by his grace we might become heirs according to the hope of eternal life.*