



# Quiet Time

March 1-7, 2026

Exodus 9:16 (ESV)

But for this purpose I have raised you up,  
to show you my power,  
so that my name may be proclaimed in all the earth.

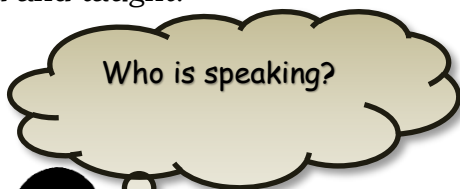
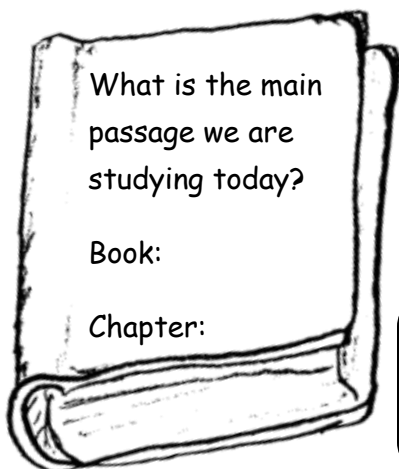
God  
Sends Plagues  
on Egypt





## Sermon notes

As you attend church service with your family, use these next two pages to help you listen and learn. We want you to worship with us by singing to God, praying, and listening to God's Word being read and taught.



**Title of Sermon:**

What is the Big Idea of the passage?



Which song from today's service is your favorite and why?





Words you heard but don't know...

What are we learning about God from this passage?

Write or draw something that you heard in the sermon today.

Fill in the blanks below during the service, and then talk to your parents about them on the way home.

I heard \_\_\_\_\_  
but was confused or had a hard time believing it.

Hearing and believing this about God is... \_\_\_\_\_

\_\_\_\_\_ ...changes the way I...

\_\_\_\_\_



## God Sends Plagues on Egypt - Monday

- Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** Exodus 7:14-25

The LORD told Moses that Pharaoh would not let the people go until the glory of God had been displayed through 10 plagues. God would show His divine power and deliver the Israelites and bring judgment on the Egyptians at the same time.

### Pray

Dear LORD God, LORD of heaven and earth, I praise You for Your great power.

*Draw a picture of what happened to the water in Egypt.*

### Application

God was going to send plagues on Egypt because they would not let His people go. He wanted to show His power to the Israelites, the Egyptians, and to the world.

*Draw a picture of another way God shows His power in the world today.*

**Complete your Prayer Journal for today, and pray about it.**

## God Sends Plagues on Egypt - Tuesday

- Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** Exodus 8:1-15

Plague number 2 is sent by God.

### Pray

Dear LORD God, You are God alone, and deserve to have all my worship and all my praise. No game or person is more important to me than You are. Help me to keep You first in my life now and always.

*Draw the kind of animal that covered Egypt's land.*

### Application

Egypt worshipped all kinds of things, the Nile River, frogs, even the Pharaoh! God was showing the Egyptians He is God, and there is no other.

People today worship idols, too. An idol is anything we make or love more than God.

*Draw a picture of things that young people might be tempted to love and care about more than God.*

**Complete your Prayer Journal for today, and pray about it.**

## God Sends Plagues on Egypt – Wednesday

- Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** Exodus 8:16-32

God sends plagues 3 and 4.

### Pray

Dear LORD God, You show Your mercy and Your judgment by Your actions. Teach me to love Your commands. Keep me from being hard-hearted towards what You have said in Your Word.

*Draw the insect pests that God sent upon the land.*

### Application

God allowed the magicians of Egypt to copy the first few plagues, but they could not undo God's plagues.

God let the magicians do this at first so that Pharaoh would not change his mind and let Israel go.

God was going to judge the Egyptians, and Pharaoh was going to be used by God to make that happen.

Being hard-hearted and stubborn about what God says leads to trouble. What should our attitude be toward God's commandments? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Complete your Prayer Journal for today, and pray about it.**

## God Sends Plagues on Egypt - Thursday

- Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** Exodus 9:1-12

God sends plagues 5 and 6.

*Draw a picture of what happened to the animals the Egyptians used for food.*

### Pray

Dear LORD God, I thank You for the grace You have shown to me that even as a child I have come to know and believe that You are God, and there are no other gods beside You.

What happened to the people of Egypt? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Application

God struck the animals used for Egyptian worship. He struck the people with sores and the magicians could not serve their false gods, but Pharaoh did not repent.

Do you think Pharaoh knew Israel's God was greater than Egypt's idols at this point? \_\_\_\_\_

**Complete your Prayer Journal for today, and pray about it.**

## God Sends Plagues on Egypt - Friday

- Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** Exodus 9:13-33

God sends plagues 7 and 8.

### Pray

Dear LORD God, Your words are true and Your judgments are just. Teach me to fear You and keep Your commandments. Grant me repentance of sin whenever and wherever You reveal it through Your Word.

### Application

Repentance shows that a person believes God and what He has said. To repent is to agree with God about sin, and then to turn from it.

If I take a piece of candy that does not belong to me, and I see that God commands, "You shall not steal" then I have a decision to make. When I agree that God says it is wrong, I must not do it. When I start sharing instead of stealing candy, I have repented (Ephesians 4:28).

Is being sorry or feeling bad about doing wrong the same thing as repentance? If not, why not? (Discuss this with a parent.)

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God destroys the food crops of Egypt with these two plagues.

What did God use to destroy Egypt's food sources? \_\_\_\_\_

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What did Pharaoh say and do after both plagues?

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**Complete your Prayer Journal for today, and pray about it.**

## God Sends Plagues on Egypt - Saturday

- Say the memory verse to mom, dad, or older sibling.

**Pray:** Dear Father, help me to understand what I read in Your Word.

**Read:** Exodus 10:21-29

God sends the 9<sup>th</sup> plague. What was the 9<sup>th</sup> plague?

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	25	3	5	16	26	24	23	6	13	4	9	12	21	11	10	2	1	17	22	15	8	20	18	7	19

5 14 1 4 21 16 17 17

Who still had light in all their homes?

6 17 1 14 16 9

### Pray

Dear LORD God, Your Word is light and life. Knowing You helps me to see myself and this world clearly. Jesus told His disciples that they were "the light of the world." Help me to share the "light" of truth, the things I am learning about You, with others.

### Application

We learned:

- We must not harden our heart to the purposes of God, but rather submit to His power.
- We must trust God's awesome plans.
- We need to tell others about the greatness of God.

**Complete your Prayer Journal for today, and pray about it.**

# Prayer Journal

**H**onor God with your praises and respect

**E**xamine your life for sin and confess it to God

**A**sk God to supply for your personal needs

**R**equest God's help for the needs of others

**T**hank God for blessing you every day

## Monday

**H** \_\_\_\_\_

**E** \_\_\_\_\_

**A** \_\_\_\_\_

**R** \_\_\_\_\_

**T** \_\_\_\_\_

## Tuesday

**H** \_\_\_\_\_

**E** \_\_\_\_\_

**A** \_\_\_\_\_

**R** \_\_\_\_\_

**T** \_\_\_\_\_

# Prayer Journal *...continued*

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## Wednesday

H \_\_\_\_\_

E \_\_\_\_\_

A \_\_\_\_\_

R \_\_\_\_\_

T \_\_\_\_\_

## Thursday

H \_\_\_\_\_

E \_\_\_\_\_

A \_\_\_\_\_

R \_\_\_\_\_

T \_\_\_\_\_

# Prayer Journal *...continued*

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## Friday

H \_\_\_\_\_

E \_\_\_\_\_

A \_\_\_\_\_

R \_\_\_\_\_

T \_\_\_\_\_

## Saturday

H \_\_\_\_\_

E \_\_\_\_\_

A \_\_\_\_\_

R \_\_\_\_\_

T \_\_\_\_\_

## Gray Road Baptist Church, Children's Ministries

This quiet time lesson was written to coincide with the Generations of Grace Sunday School curriculum. The daily lessons represented are in conjunction with the teacher's manual to provide a fluid, consistent message to your children both in Sunday school and in their private devotions. MacArthur, John. *The MacArthur Study Bible; & Early Elementary, Generations of Grace.* ©

[www.generationsofgrace.com](http://www.generationsofgrace.com)

# THE PRAISE FACTORY

**Come join us on Wednesday nights in the gym!**

**7:00-8:30 p.m.**

**UNIT #8: The God Who Loves**

**Unit #8: What is God's love for His people like?**

**Unit #8 Answer:** More than they could ever deserve.

**Unit #8 Verse:** *1 Chronicles 16:34*

**Big Idea #35:** God blesses all people with many good gifts.

**Big Idea #35 Verse:** *Psalm 145:17*

**Big Idea #36:** God loved His people before they loved Him.

**Big Idea #36 Verse:** *Ephesians 1:4*

**Big Idea #37:** God showed the depths of His love by giving His own, beloved Son to save His people.

**Big Idea #37 Verse:** *1John 4:10*

**Big Idea #38:** God loves His people by caring for their needs.

**Big Idea #38 Verse:** *Psalm 23:1-2*

**Big Idea #39:** God uses everything in His people's lives for their good and His glory.

**Big Idea #39 Verse:** *Romans 8:28*

**Big Idea #40:** God will never stop loving His people.

**Big Idea #40 Verse:** *Romans 8:38-39*

**UNIT #11: The God Who Saves**

**Unit #11: How can we be saved?**

**Unit #11 Answer:** It is God's free gift.

**Unit #11 Verse:** *Ephesians 2:8-9*

*For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.*

**Big Idea #57:** God saves sinners who confess their sins.

**Big Idea #57 Verse:** *1 John 1:8-9*

**Big Idea #58:** Jesus is the only way to be saved.

**Big Idea #58 Verse:** *John 14:5-6*

*Thomas said to him, "Lord, we do not know where you are going. How can we know the way?" Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me.*